# YOUR REASONS FOR NEGOTIATING WORK SHEET

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1 $5000 Raise now can be worth up to millions throughout your life

The average raise is 3-5% so if you don't negotiate when you have the leverage

By negotiating a raise at the beginning your brain is trained to understand that you're worth a certain number for what you can deliver

Settling for less will eat away at you and lead to regret for not giving negotiation your best shot.

What would you achieve if you got the amount you're asking for?

How would you feel after a successful negotiation?

# WHAT ARE YOUR REASONS FOR NEGOTIATING? LIST AT LEAST 10 REASONS.